



Syntrade



ESSH
Estonian Society for
Surgery of the Hand



SSSH PRE-MEETING

BALTIC HAND 2016

30.3.2016, TALLINN



9.00–10.00 Registration

MODULE 1 Diagnostic Imaging in Hand Surgery

- 10.00–10.30 Radiological evaluation of hand and wrist
Dr. Pirja Sarap (Estonia) 30min
- 10.30–11.00 Ultrasound imaging of the upper limb nerves
Dr. Tarvo Sillart (Est/Fin) 30min
- 11.00–11.30 MRT versus arthroscopic findings of the wrist
Dr. Loris Pegoli (Italy) 30min

Coffee break 15min

MODULE 2 Common wrist injuries: current trends in treatment

- 11.45–12.15 Current concepts in treatment of ulnar side wrist trauma
Dr. J-R. Haugsvedt (Norway) 30min
- 12.15–12.45 Distal radius fracture and wrist arthroscopy
Dr. Carlos Thams (Spain) 30min
- 12.45–13.05 Scaphoid nonunion: Current trends in treatment
Dr. Armin Heiman (Estonia) 20min
- 13.05–13.25 Scaphoid nonunion and microsurgery
Dr. Aivars Tihonovs (Latvia) 20min

Lunch 30min

14.00–16.00 MODULE 3 Hand Trauma Service – different experiences in Baltic and Scandinavian countries

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| Representative from Finland | Dr. Harry Göransson |
| Representative from Latvia | Dr. Aivars Tihonovs |
| Representative from Lithuania | |
| Representative from Estonia | Dr. Andrus Metsa |
| Representative from Italy | Dr. Giorgio Pivato |

Basic data presentation from local service representative (up to 10min)

- Population of service area
- Annual number of hand traumas, consultations and surgeries
- How many urgent (on-call) surgeries, how many scheduled?
- Annual number of replants, complex hand traumas (2 and more tissues), isolated and complex tendon/nerves injuries
- How many hand therapists?

Panel discussion

- Tendons surgery: who should do extensors?
- Distal radius fractures: orthopedic trauma or hand surgeons?
- Economic aspects of outcomes in hand trauma service
- What are the tips and recommendations for others to follow?
- If you could change in your hand trauma service – what it will be?

